

Discovering the places and personalities of Canada's East Coast

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Koumbie – At Home Here in Nova Scotia

Cool People Profiles

SEA AND BE SCENE... And HEARD Podcast Page

“The Gold Coins of Newfoundland” by Harvey B. Richer

SOUNDTRACK With Stephanie Beaumont

SABS 7th Birthday Salute for July 23rd from Keli-Ann Pye-Beshara

SABS 7th Birthday Salute for July 22nd from Daniel MacIvor

Daniel MacIvor’s “Who Killed Spalding Gray”

SABS 7th Birthday Salute for July 18th from Krystin Pellerin

SABS 7th Birthday Salute from Sara Canning

SABS 7th Birthday Salute for July 16th from The Sidekick

“Smokerroom on the Kyle” by Ted Russell & Tara Fleming

All articles from People



Occupation: Actress

Place of Birth: The Grace Maternity Hospital, Halifax, NS

Currently Resides: Toronto, ON

Where's your favourite place in Nova Scotia to grab a coffee?

I'm not a huge coffee drinker but I love the London Fogs at Just Us or the anything at David's Tea.

Where's your favourite place in Nova Scotia to find something sweet?

Julien's Bakery in the Hydrostone has really good pastries, they also sell at the Halifax Seaport Market.

Where's your favourite place to shop in Nova Scotia?

I like Pseudio because they have quality brands but are also local, same goes for Biscuit. But if we're being honest, I can pretty much only afford the 2\$ bin at Elsie's.

Where in Nova Scotia would we stand to see your favourite view?

You don't even have to stand - Camping at Ovens in Lunenburg is incredible, and if you get your tent right by the water you can wake up to the fishermen playing country music. Just don't get too close or one of your friend's will have nightmares about falling in....

Name 3 things we've gotta do when we visit Nova Scotia:

1. Peggy's Cove Peggy's Cove Peggy's Cove preferably for sunrise or sunset.

2. Breakfast at the Saturday Market, bring some loonies for the incredible musicians that will entertain you as you eat.

3. Take a road trip and try and stay on the coast as much as possible, it's beautiful and you will find some hilariously cheap campgrounds. Bring an extra pair of clothes for when you spontaneously decide to go mud sliding.



What makes Nova Scotia such a special place on earth for you?

It's home.

Be sure to follow Koumbie on Twitter [@koumbie](#)

A promotional graphic with a blue background and bokeh light effects. At the top left, the text "KOUMBIE MADE OUR LIST..." is written in a bold, dark blue font. Below this is a circular portrait of a woman with dark hair styled in a bun, looking slightly to the right. To the right of the portrait, the year "2016" is written in large, light blue, semi-transparent numbers, with the words "ONES TO WATCH" in white, bold, sans-serif capital letters overlaid on the "0". At the bottom right, the text "CLICK HERE TO WATCH THE EPISODE" is written in a bold, dark blue font.

SABS Note of Noteworthiness

Koumbie's first acting break came in a **Nova Scotia** production called **AQUATEAM** for **Discover Kids** back in 2009.

These days you can catch her in the role of **Sheila** on **CBC's** hit comedy series **Mr.D**.

One of my favourite episodes was "**Culture Day**" Episode 211 in which **Koumbie** is front and centre - very funny stuff for sure - click [here](#) to watch.

While you're here be sure to check out our behind the scenes special **SABStv Ep. 119 On Set With Mr.D** - click [here](#) for that.



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What is Sea and be Scene?

Launched on June 30, 2010 - Sea and be Scene is an entertainment based, magazine style website designed to celebrate the 4 Atlantic Provinces. Our goal is to profile all the people, places and things that make **Nova Scotia, Newfoundland & Labrador, New Brunswick** and **Prince Edward Island** so very special.



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Friday, Dec. 8th??? That's a long time to wait!!!! #TheCrown #Netflix <https://t.co/juoTjwYUQo> - AUG 10

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